

Menodora, Metrodora, & Nymphodora the Martyrs

These Martyrs, sisters according to the flesh, were from Bithynia. They lived in virginity on a mountain near the Pythian hot springs of Bithynia, devoting themselves to asceticism and prayer. Betrayed to the local governor, Fronto, they were subjected to frightful tortures, and so gave up their holy souls into the hands of God. They contested for the Faith during the reign of Maximian, in the year 304.

Theodora of Alexandria

This saint lived in the fifth century. Out of remorse for the adultery that she committed with another man, she fled from her husband's house, renamed herself Theodore, clothed herself as a man, and pretending to be a eunuch, entered a monastery of men. Her identity as a woman was discovered only after her death.

The Children's Word

Have you ever been really excited about getting something new? New clothes, a new toy, maybe some new school supplies this year. It's fun to have something fresh and clean and new. In today's epistle reading, Saint Paul tells how people could become Christians. He wrote, "A new creation is everything!" A new creation is everything, and we Christians become new creations when we are baptized and become full members of the Church. You might not be able to see it on the outside, but things are different when you are a new creation, a new Christian. When we get something new—like a pair of shoes, for example—we might throw out the ratty, old things that we had before. Then, we make sure we take good care of our new things. We want to keep our new things fresh and clean. If you scuff up a new pair of shoes, you kind of feel bad, don't you? When we are baptized, we want to take good care of our new self. We try to make good choices so we stay clean (on the inside). We can look to our Lord, Jesus Christ, who was and is the cleanest of us all! We can look to the saints who struggled to keep clean. A new creation is everything! Let's try to keep it that way!

- Presbyteria Houck (myocn.net)

HOLY TRINITY GREEK ORTHODOX CATHEDRAL

1931 Sumter Street Columbia, SC 29201

PHONE: 803-252-6758 FAX: 803-254-6197

E-MAIL: htgoec@gmail.com

WEBSITE: www.holytrinitysc.com

To reach Father Michael Platanis - PHONE: 803-252-6758

E-MAIL: NewSmyrna@gmail.com

SUNDAY SCHEDULE

Orthros at 8:45 a.m. Liturgy at 10:00 a.m.

Fellowship Coffee Hour will follow Divine Liturgy

HOLY TRINITY GREEK ORTHODOX CATHEDRAL

SUNDAY LITURGICAL GUIDE FOR

September 10, 2017 Sunday Before Holy Cross

1st Plagal Eothinon Gospel 3

The Second Antiphon

Save us, O Son of God, who are risen from the dead, save us who sing to You: Alleluia.

Only begotten Son and Word of God, though immortal for our salvation You deigned to be incarnate of the Holy Theotokos and ever Virgin Mary, without change becoming man, and were crucified Christ our God, trampling death by death; being one of the Holy Trinity, glorified with the Father and Holy Spirit: save us.

Resurrection Dismissal Hymn

Eternal with the Father and the Spirit is the Word, Who of a Virgin was begotten for our salvation. As the faithful we both praise and worship Him, for in the flesh did He consent to ascend unto the Cross, and death did He endure and He raised unto life the dead through His all glorious resurrection.

The Small Entrance

Come, let us worship and bow before Christ. Save us, O Son of God, who rose from the dead, to You we sing: Alleluia.

Apolytikion for Afterfeast of the Nativity of the Theotokos

Your Nativity, O Theotokos, imparted joy to the entire earth, for out of you has risen the Sun of Righteousness, Christ our God. He nullified the curse and instead gave His blessing; and causing death to be neutralized, He granted us eternal life.

Holy Trinity Dismissal Hymn

Ev-lo-gi-tos i Chri-ste o The-os i-mon, o pan-so-fus tus a-li-is a-na-thi-xas, ka-ta-pem-psas af-tis to pnev-ma to a-gi-on, ke thi af-ton tin i-ku-me-nin sa-gi-nef-sas, fi-lan-thro-pe tho-xa Sil

page 5

Blessed are You, O Christ our God, You made the fishermen all-wise by sending down upon them the Holy Spirit, and through them You drew the world into Your net. O Lover of mankind, glory to You.

Kontakion

Both Joachim and Anna from their sterility's stigma, and Adam and Eve from their mortality's ruin have been set free, O immaculate Maid, by hour holy nativity. For this do your people hold celebration, redeemed from the guilt of transgression as they cry to you, "The barren one bears the Theotokos, the nourisher of our Life."

Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

The Readings Page 86 -

Page 147 - 148 - Epistle: Galatians 6:11-18 -

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and not only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

page 8

Page 148 - Gospel: John 3:13-17

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him may have eternal life.

"For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through Him."

Homily

The Great Entrance	12
The Creed	18
The Anaphora (<i>Offering of the Gifts</i>)	19
The Consecration	22
<i>(Litany from Page 15 and 16 is repeated)</i>	26
The Lord's Prayer (<i>Greek & English</i>)	26
Communion Prayers	29

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest. Alleluia.

Holy Communion: Orthodox Christians prepared to receive Holy Communion should come forward, quietly and reverently, at the direction of the ushers.

Prayers of Thanksgiving after Holy Communion can be found on pages 40-42.

After Communion	32
Seasonal Hymn	
The Dismissal	34

Hymn: Blessed be the name of the Lord, from now and to the ages.

We listened to your feedback from the spring pilot course. Now we are ready to begin our Holy Trinity Columbia...

GREEK SCHOOL

Wednesday, Sept. 27

Orientation & Placement Testing

We also welcome Rose Livaditis, our new teacher!

Stop by the table in the parish hall TODAY to register or for more details.

VOLUNTEER

Sign up in the coffee hour room to work at the Greek Festival or online

<http://signup.com/go/ezbRsXh>

THIS WEEK'S SCHEDULE OF SERVICES & EVENTS

- Wednesday, September 13** Aghiasmo for the Greek Festival 5:30 PM
- Thursday, September 14** **Exaltation of the Holy Cross - Strict Fast**
Divine Liturgy 9:30 AM
- Saturday, September 16** **No Great Vespers**

NOTE: Next Sunday, September 17 - Orthros is at 8:30 AM and Divine Liturgy at 9:30 AM

ANNOUNCEMENTS

- **Today** please join us for refreshments in the coffee hour room right after Liturgy.
- **Last day for Sunday School registration.** The registration table is in the coffee hour room or gym. Students 3 years of age through 12th grade are able to attend class. Please register your student. Classes begin on September 24.
- **Today - Greek Festival dance practice** for rising K - 5th Graders at Noon. We also have a mandatory final practice and pizza party on Wednesday, beginning with the Blessing of the Festival at 5:30 pm.
- **Today - Greek Festival dance practice** for 6th - 12th graders at 1:30 pm.
- **Junior Choir** will begin choir practice Wednesday, September 20 at 5:45 pm.



What is the Connect Conference?

It's a new initiative for Orthodox young adults in their 20s and 30s. Through learning, fellowship, and worship, the goal of the conference is to better connect us to our faith, the Church, and each other. The format of the conference includes keynote addresses to the group, breakout sessions in smaller groups with time for Q&A, worship times including the Divine Liturgy, and plenty of opportunities for fellowship including communal meals and off-site activities. This year's theme is "Finding Christ in Everyday Life." Speakers will include successful Orthodox Christian lay professionals and clergy who will provide a range of perspectives on how we can encounter Christ while living and working from day to day. The 2017 conference will be held in Atlanta, Georgia from October 6-8, at the Sheraton Suites Galleria. Register now!

Visit: <https://connectorthodoxy.org/>